



Heal your emotional wounds

“Listen to your body” - Lise Bourbeau, the spiritual daughter of Louise Hay

Do you sometimes feel that you are going around in circles in your personal growth? Do you occasionally see a problem re-emerge, thinking you had solved it?

All our problems, whether physical, emotional or mental, stem from five important wounds, which we all have experienced at least once in our life:

Rejection
Abandonment
Humiliation
Betrayal
Injustice

This workshop contains detailed descriptions of the wounds that are visible in our physical body, and of the masks we've developed to hide them. It shows you the way how to heal your wounds and to create a loving relationship with yourself and others.

For more information and to sign up, please contact Marion Rohrbach: info@epanouissement.ch or 079 357 11 71